

# VOLUNTEER EXPERIENCES



BOOKINGS: [INFO@ASOURLIFE.ORG](mailto:INFO@ASOURLIFE.ORG)



## ENHANCING YOUR BUSINESS VALUE

Staff stress and absenteeism is costing corporate Australia \$32B in lost productivity every single year.

Tomorrow's leaders and teams needs to be more agile, adaptable and collaborative than ever before.

Research shows that corporate volunteering is the number one activity to improve engagement.

And engaged teams means better business outcomes, performance and ultimately, enhanced wellbeing.



Productivity + Profits



Customer Satisfaction



Engaged workforce



Market Performance

## VOLUNTEERING WITH A DIFFERENCE

Engaging people is the heartbeat of A Sound Life. There's no better way to experience some of the ways we serve others than volunteering and creating magical moments of joy.

Our unique experiences offer an opportunity for you to receive through guided team-building, as well as give to sick kids in hospital, disability centres and other facilities.

1

### YOGA + MINDFULNESS

Guided to help you focus your mind and improve mental clarity

2

### MUSIC + MEDITATION

Ignite your senses, cultivate creativity and find your voice

3

### COMMUNITY SERVICE

Create magical moments and make a real difference directly

# FANS OF SOUND EXPERIENCES



ASL has proven expertise delivering team building workshops for our client J&J, helping us position GPJ as curators of unforgettable experiences.

**Will Halliday | Head of Strategy, George P Johnson**



After volunteering for a day with ASL it was extraordinary to see the impact they're having on people in need in our community.



**Klytie Sheppard | Strategic Account Manager, Zurich**



Whether it's bedside performances for sick kids or yoga sessions for people with disabilities, ASL is spreading joy to many!

**Zaneta Ralevski | Learning & Training Lead, Accenture**

